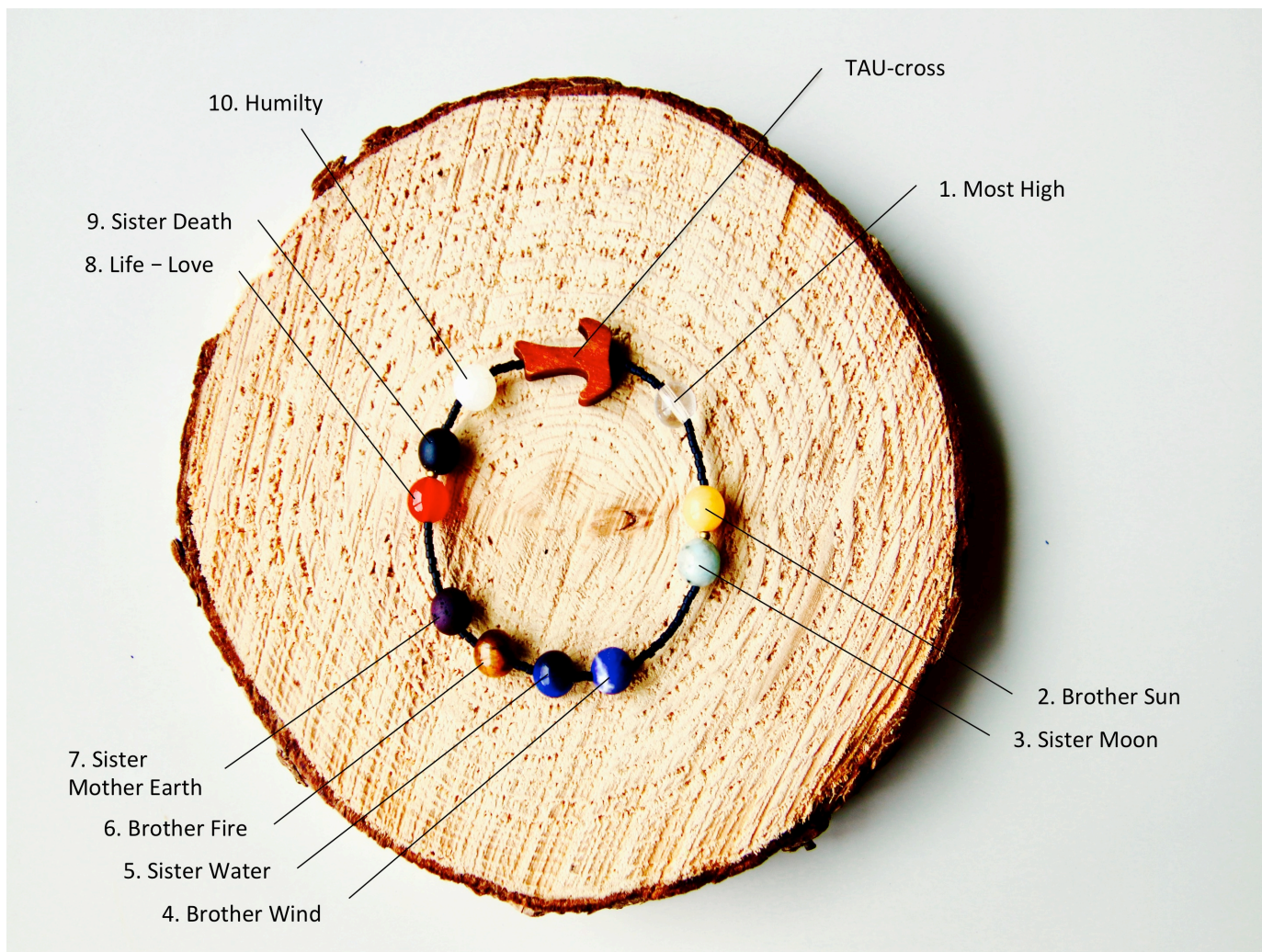


# Laudato Si' Chaplet





## Praying the Canticle of the Sun

You can pray with the ten prayer beads just as a chaplet. You choose your favourite verses from the Canticle of the Sun. You repeat these verses 10 times. With the TAU-cross you choose another verse or a chorus of a song.

*Andreas chooses the first verse of the Most High, together with the four verses of the natural elements. After each dozen he prays the last verse of the Song of the Sun: "Praise and bless my Lord..."*

Van de hand van de parels kan je , waar je ook bent, je eigen Zonnelied bidden: bij elk element kan je danken, vergeving vragen, hoop uitspreken.

*Sophia stops during a nature walk to thank God for His creation: "Thank You, God for your loving creative power, thank You, God for brother Sun who gives us warmth, thank You, God for sister Moon who comforts us during the night..."*

## A Cooperation between TAU and Poor Clares Stabroek

The Laudato Si Chaplet has been designed by TAU ([www.franciscaansleven.be](http://www.franciscaansleven.be)) and made by the Poor Clares of Stabroek: a chaplet costs 20 euro (plus delivery costs) and are for sale in their webshop ([clarissenstabroek.be/shop/](http://clarissenstabroek.be/shop/))

## The Laudato Si Chaplet

Saint Francis of Assisi completed the Cantic of the Sun in 1225. This song praises the Lord for his fraternal creation. During personal prayer St. Francis said 70 times a day the mantra: "Let us praise and exalt Him always." Together with St. Francis we can pray the Cantic of the Sun as our song of praise to God for and through creation to become part of the creative dynamic as co-creators.

The ten prayer beads symbolize the ten strophes of the Cantic. We start with God and end with humility: from high to low, from the Lord via the heavenly bodies and the four primal elements over life, love and death to the task of mankind.

### 10 Gemstones of the Laudato Si' chaplet

<p><b>1. Most High:</b> Rock crystal heals, stimulates or calms, depending on what is needed and brings harmony.</p>	<p>The Most High is a transparent Rock Crystal through which the light shines brightly.</p>
<p><b>2. Lord Brother Sun:</b> Yellow Aventurine has a calming and protective effect, helps to attract prosperity and to relax  <b>3. Sister Moon:</b> Moonstone connects to the moon's energy and feminine power, promotes intuition and self-understanding</p>	<p>There are two times two prayer beads connected with a golden pearl: sun (day) and moon (night) and life/love and death.</p>
<p><b>4. Brother Wind:</b> Sodalite frees you from limiting patterns and actions, promotes self-respect and self-confidence  <b>5. Sister Water:</b> Blue Tiger Eye makes you creative and productive: it makes energy flow  <b>6. Brother Fire:</b> Red-brown Tiger Eye is grounding and stimulating: it lights your fire  <b>7. Sister, Mother Earth:</b> Lava rock gives you earthly energy and increases your willpower in a balanced, gentle way</p>	<p>The four natural elements are arranged in a regular and balanced way and symbolise the natural wisdom of eco-systems where 'everything is connected to everything'.</p>
<p><b>8. Life &amp; Love:</b> Red agate stimulates personal growth and development.  <b>9. Sister Dood:</b> Onyx gives support and strength and helps to face reality  <b>10. Humility:</b> Crackled white agate makes you feel safe and provides spiritual and emotional peace and balance.</p>	<p>The last verse is the task of man in God's creation. Man (crackled white agate) resembles God (transparent rock crystal), but in an imperfect, vulnerable way: the light shines through the cracks at the surface...</p>

## *The Canticle in 10 strophes*

1. Most High, all powerful, good Lord,  
Yours are the praises, the glory, the honour, and all blessing.  
To You alone, Most High, do they belong,  
and no man is worthy to mention Your name.

2. Be praised, my Lord, through all your creatures,  
especially through my lord Brother Sun,  
who brings the day; and you give light through him.  
And he is beautiful and radiant in all his splendour!  
Of you, Most High, he bears the likeness.

3. Praised be You, my Lord, through Sister Moon and the stars,  
in heaven you formed them clear and precious and beautiful.

4. Praised be You, my Lord, through Brother Wind,  
and through the air, cloudy and serene, and every kind of weather  
through which You give sustenance to Your creatures.

5. Praised be You, my Lord, through Sister Water,  
which is very useful and humble and precious and chaste.

6. Praised be You, my Lord, through Brother Fire,  
through whom you light the night and he is beautiful  
and playful and robust and strong.

7. Praised be You, my Lord, through Sister Mother Earth,  
who sustains us and governs us and who produces  
varied fruits with coloured flowers and herbs.

8. Praised be You, my Lord, through those who give pardon for Your love,  
and bear infirmity and tribulation.  
Blessed are those who endure in peace  
for by You, Most High, they shall be crowned.

9. Praised be You, my Lord,  
through our Sister Bodily Death,  
from whom no living man can escape.

10. Praise and bless my Lord, and give Him thanks  
and serve Him with great humility.